

COLONIAL FARMS

Daily Specials

Friday, January 30th, 2026

SOUPS: SM \$4.95 • LG \$5.95 • QT \$11.95

Split Pea (gf) • Chicken Orzo

Grab and Go Salads:

- **Cobb Salad** - Grilled Chicken, Crispy Bacon, Egg, Romaine (gf) \$10.95
- **Grilled Chicken Caesar Salad** \$10.95
- **Harvest Salad** - Cranberry, Brie & Caramelized Walnuts (gf) \$10.95
- **Greek Salad** - Kalamata Olives, Feta, Stuffed Grape Leave (gf) \$10.95
- **Garden Salad** - Peppers, Tomato, Cucumber, Carrot & Broccoli (gf) \$9.95
- **Keto Salad** - Spinach, Peppers, Cucumber, Radish, Egg, Sun Flower Seeds and Grilled Chicken (gf) \$10.95
- **Southwestern Salad** - Grilled Chicken, Roasted Corn, Black Beans, Peppers and Cucumbers with Avocado Dressing (gf) \$10.95

Lunch:

- Grilled Salmon with Vegetable Rice (gf) \$18.95
- Garlic Paprika Half Roast Chicken with Herb Roasted Potatoes & Vegetables (gf) \$13.95
- Grilled Chicken, Fresh Mozzarella, Tomato, & Basil Linguini Pasta \$12.95
- Crispy Coconut Tilapia with Pan Roasted Sweet Yams & Vegetables \$14.95
- Turkey & Monterrey Jack Cheese Wrap with Pico de Gallo & Cilantro Crema \$8.95
- Classic Tuna Melt \$9.95
- Fresh Mozzarella Tomato Basil Baguette \$8.95

Have a Wonderful Weekend!

gf – Items are made with no gluten ingredients in a kitchen that uses gluten