

COLONIAL FARMS

Daily Specials

Friday, March 20, 2026

SOUPS: SM \$4.95 • LG \$5.95 • QT \$11.95

Manhattan Clam Chowder (GF) • Yellow Lentil (gf)

Grab and Go Salads:

- **Cobb Salad** - Grilled Chicken, Crispy Bacon, Egg, Romaine (gf) \$10.95
- **Grilled Chicken Caesar Salad** \$10.95
- **Harvest Salad** - Cranberry, Brie & Caramelized Walnuts (gf) \$10.95
- **Greek Salad** - Kalamata Olives, Feta, Stuffed Grape Leave (gf) \$10.95
- **Garden Salad** - Peppers, Tomato, Cucumber, Carrot & Broccoli (gf) \$9.95
- **Keto Salad** - Spinach, Peppers, Cucumber, Radish, Egg, Sun Flower Seeds and Grilled Chicken (gf) \$10.95
- **Southwestern Salad** - Grilled Chicken, Roasted Corn, Black Beans, Peppers and Cucumbers with Avocado Dressing (gf) \$10.95

Lunch:

- Grilled Salmon with Braised Kale and Rice \$18.95
- "Fish-N-Chips" Crispy Flounder with Fries & Tartar Sauce \$14.95
- Eggplant Parmesan \$10.95
- Sauteed Chicken Picatta with Rice & Vegetables \$13.95
- Chipotle Tuna Melt \$9.95
- Imported Ham & Cheddar Dijon Mayo Sandwich
- Chicken Salad Grapes & Walnuts Wrap
- Tomato, Fresh Mozzarella & Basil on Baguette \$8.95

gf – Items are made with no gluten ingredients in a kitchen that uses gluten

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