

# COLONIAL FARMS

## *Daily Specials*

**Tuesday, July 21st, 2026**

**SOUPS:** SM \$4.95 • LG \$5.95 • QT \$11.95

Chicken Noodle

Chilled Soups in the Grab & Go: Strawberry Lime (gf) | Gazpacho (gf)

### **Grab and Go Salads:**

- **Cobb Salad** - Grilled Chicken, Crispy Bacon, Egg, Romaine (gf) \$10.95
- **Grilled Chicken Caesar Salad** \$10.95
- **Harvest Salad** - Cranberry, Brie & Caramelized Walnuts (gf) \$10.95
- **Greek Salad** - Kalamata Olives, Feta, Stuffed Grape Leave (gf) \$10.95
- **Garden Salad** - Peppers, Tomato, Cucumber, Carrot & Broccoli (gf) \$9.95
- **Keto Salad** - Spinach, Peppers, Cucumber, Radish, Egg, Sun Flower Seeds and Grilled Chicken (gf) \$10.95
- **Southwestern Salad** - Grilled Chicken, Roasted Corn, Black Beans, Peppers and Cucumbers with Avocado Dressing (gf) \$10.95

### **Lunch:**

- Coconut Chicken with French Fries \$13.95
- Sauteed Tilapia Puttanesca with Rice & Vegetables \$14.95
- Penne Pasta with Meat Sauce \$12.95
- Kale Salad with Chicken Bacon Cheddar Ranch (gf) \$12.95
- French Ham & Emmenthaler Swiss Sandwich, Dijon Mayo, Lettuce & Tomato \$9.95
- Boars Head Chicken BLT Wrap \$9.95
- Roma Melt with Provolone, Pesto, Roasted Red Pepper & Spinach \$9.95
- Fresh Mozzarella Tomato Basil Baguette \$8.95

### **Dinner available after 3 pm**

- Grilled Salmon with Rice & Vegetables (gf) \$18.95
- Chili Lime Roasted Chicken with Roasted Sweet Potatoes & Vegetables (gf) \$12.95

gf – Items are made with no gluten ingredients in a kitchen that uses gluten