

COLONIAL FARMS

Daily Specials

Monday, August 3, 2026

SOUPS: SM \$4.95 • LG \$5.95 • QT \$11.95

Hearty Lentil Vegetable (V,GF)

Chilled Soups in the Grab & Go: Gazpacho (gf) | Strawberry Lime (gf)

Grab and Go Salads:

- **Cobb Salad** - Grilled Chicken, Crispy Bacon, Egg, Romaine (gf) \$10.95
- **Grilled Chicken Caesar Salad** \$10.95
- **Harvest Salad** - Cranberry, Brie & Caramelized Walnuts (gf) \$10.95
- **Greek Salad** - Kalamata Olives, Feta, Stuffed Grape Leave (gf) \$10.95
- **Garden Salad** - Pepper, Tomato, Cucumber, Carrot & Broccoli (gf) \$9.95
- **Keto Salad** - Spinach, Peppers, Cucumber, Radish, Egg, Sun Flower Seeds and Grilled Chicken (gf) \$10.95
- **Southwestern Salad** - Grilled Chicken, Roasted Corn, Black Beans, Peppers and Cucumbers with Avocado Dressing (gf) \$10.95

Lunch & Dinner: gf – Items are made with no gluten ingredients in a kitchen that uses gluten

- Three Cheese Meatloaf with Roasted Potatoes & Vegetables \$12.95
- Coconut Chicken with Sweet Potato Fries \$12.95
- Creamy Garlic Broccoli Pasta \$11.95
- Grilled Chicken Kale Strawberry Feta Salad \$13.95 (GF)
- Vegetable Quesadilla with Sour Cream and Salsa \$9.95
- Turkey Special Sandwich (coleslaw, Swiss, Russian) \$8.95
- Grilled Chicken Hummus Wrap \$10.95
- Fresh Mozzarella Tomato Basil Baguette \$8.95

Dinner (after 3 pm)

- Our Famous Chicken Pot Pie \$10.95
- Grilled Salmon with Rice & Vegetables (gf) \$18.95
- Vodka Chicken Parmesan with Pasta \$14.95