

COLONIAL FARMS

Daily Specials

Friday October 2nd, 2026

SOUPS: SM \$4.95 • LG \$5.95 • QT \$11.95

Manhattan Clam Chowder | Chicken Noodle

Chilled Soups in Grab & Go: Gazpacho (gf) and Strawberry Lime (gf)

Grab and Go Salads:

- **Cobb Salad** - Grilled Chicken, Crispy Bacon, Egg, Romaine (gf) \$10.95
- **Grilled Chicken Caesar Salad** \$10.95
- **Harvest Salad** - Cranberry, Brie & Caramelized Walnuts (gf) \$10.95
- **Greek Salad** - Kalamata Olives, Feta, Stuffed Grape Leave (gf) \$10.95
- **Garden Salad** - Peppers, Tomato, Cucumber, Carrot & Broccoli (gf) \$9.95
- **Keto Salad** - Spinach, Peppers, Cucumber, Radish, Egg, Sun Flower Seeds and Grilled Chicken (gf) \$10.95
- **Southwestern Salad** - Grilled Chicken, Roasted Corn, Black Beans Peppers and Cucumbers with Avocado Dressing (gf) \$10.95

Lunch & Dinner:

- Grilled Salmon with Vegetable Sesame Noodle \$18.95
- Eggplant Parmesan with Garlic Bread \$10.95
- General Tso Chicken with Basmati Rice \$13.95
- Strawberry, Feta & Almond Grilled Chicken Kale Salad (gf) \$13.95
- Vegetable Quesadilla \$9.95
- Brooklyn Sandwich: Prosciutto, Fresh Mozzarella, Tomato, Arugula & Pesto \$10.95
- Turkey Pastrami & Muenster Wrap with Cilantro Crema, Lettuce & Tomato \$9.95
- Tomato, Fresh Mozzarella & Basil on Baguette \$8.95

gf – Items are made with no gluten ingredients in a kitchen that uses gluten

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